



## Physical Therapy

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### **Maureen, DPT, C/NDT**

#### ***Board-Certified Clinical Specialist in Pediatric Physical Therapy***

Maureen is a licensed physical therapist who received her doctorate in physical therapy from Elon University in 2006. In 2006, she completed a 6 month internship at a children's hospital, where she worked with children ranging from premature infants to adolescents in acute care, pediatric surgical heart and intensive care, as well as inpatient and outpatient rehabilitation. Upon graduation, she worked in an outpatient setting treating adults and children birth-21 years old until mid 2008. Maureen then went on to provide early intervention services in the home in the Johnston County region. She continues to work with early intervention providing services for children birth-3 years old in the home in several other counties including Cumberland, Harnett and Wake. Maureen became a board certified clinical specialist in pediatric physical therapy in 2017 and earned her Neurodevelopmental Treatment (NDT) certification in 2019.

#### **Maureen has worked with a variety of diagnoses including, but not limited to, the following:**

Arthrogryposis	Developmental Delay	Hypotonia/Hypertonia	Spinal Cord Injury
Brachial Plexus Injury	Down Syndrome	Neurological Disorders	Toe Walking
Cerebral Palsy	Dwarfism	Orthopedic Issues	Torticollis
Cognitive Delays	Genetic/Trisomy	Prematurity	Traumatic Brain Injury
Congenital Limb Deficiencies	Disorders	Seizures	Visual/Hearing Impairments
	Hydrocephalus	Sensory Integration	

#### **Continuing Education/Experience/In-Services:**

- Pediatric Power Wheelchairs and Home/Van Ramps Workshop
- The Obstetrical Brachial Plexus Injury
- Safe Travel for Children with Special Needs
- Developmental Orthopedics and Theratogs
- Treatment of the Child with Whole Body Involvement (Ages 3 to Adolescent), and Pediatric Treatment Approaches
- Applications for Neuromotor and Postural Training
- Kinesio Taping Techniques for Child
- Pediatric Myofascial Release
- Strategies & Approaches for Young Children with Deaf, Blindness & Multiple Impairments
- Cascade and SureStep Orthotics
- Vestibular Treatment Techniques

Maureen educates and assists the family to find the resources needed to allow their child to succeed. She is a patient, caring therapist who believes that each child must be given the opportunity to develop to his/her fullest gross motor potential. Maureen looks at the child as a whole and incorporates all areas of development to promote functional movement and growth in a child.

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*"We are committed to ensure that each child successfully reaches his/her highest level of functional ability."*