



Physical Therapy

Phone: 910-868-6000

Fax: 1-866-475-8361

Cortney, DPT

Cortney is a licensed physical therapist who received her Doctor of Physical Therapy from Slippery Rock University in 2018. In 2017, Cortney completed a 15-week internship at school-based facility that provided therapy for children with special needs that range in age from 20 months to 8 years old. She treated children in need of a variety of services, including strengthening exercises, balance/coordination activities, gait training, orthotic fittings/training, functional mobility, and sensory integration activities. To follow in 2018, she completed a 15-week internship within the Neonatal/Pediatric Intensive Care Units where she treated neonates (26-40 weeks old) and children with a variety of services, including infant massage, developmental care (handling/positioning), feeding interventions, passive range of motion, crutch training, and parent education. Following graduation, she became a Schroth-Barcelona Certified Physical Therapist where she treated children, adolescents, and adults diagnosed with scoliosis.

Cortney has worked with a variety of diagnoses including, but not limited to, the following:

Adolescent Idiopathic Scoliosis	Developmental Delay	Neurological Disorders	Spinal Cord Injury
Brachial Plexus Injury	Down Syndrome	Neuromuscular Scoliosis	Toe Walking
Cerebral Palsy	Failure to Thrive	Orthopedic Issues	Torticollis
Cognitive Delays	Genetic/Trisomy Disorders	Prematurity	Visual/Hearing Impairments
Congenital Scoliosis	Hydrocephalus	Respiratory Complications	
	Hypotonia/Hypertonia	Sensory Integration	

Continuing Education/Experience/In-Services:

- Cascade and SureStep Orthotics, 3D Treatment of Scoliosis (Schroth Physical Therapy)

Cortney is a compassionate, caring physical therapist who is dedicated to providing an individualized plan of care for each child based on their specific needs to give him/her the opportunity to grow to their highest potential. She is dedicated to educating and assisting family members with locating additional resources to best serve their child as they continue to grow.

www.movewithmept.com

"We are committed to ensure that each child successfully reaches his/her highest level of functional ability."