



## Physical Therapy

Phone: 910-868-6000

Fax: 1-866-475-8361

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### Lara, MSOT, OTL

Lara Beth studied at the University of North Carolina at Chapel Hill, where she earned a B.A. in 2006 and a Master of Science in Occupational Therapy in 2014. While studying for her master's, she had the opportunity to perform pediatric fieldwork in a rural community in Honduras where she provided occupational therapy in homes and schools.

#### Lara has worked with a variety of diagnoses including, but not limited to, the following:

ADHD	Down Syndrome	Learning Challenges
Autism Spectrum Disorders	Dyspraxia/Development Coordination Disorder	Prematurity
Cerebral Palsy	Hypotonia/Hypertonia	Self-regulation
Chromosome Disorder	Feeding Difficulties	Sensory Processing Disorders
Decreased Strength/Range of Motion	Fine Motor Skills Difficulties	Sleep Disorders
Developmental Delays	Genetic Disorders	Stroke
	Hearing Loss	Visual Perceptual/Motor Disorders

#### Continuing Education/Experience/In-Services:

During her practice, she has served in pediatric outpatient, school-based, and home health settings. Lara Beth is also a certified nature and forest therapy guide and is an advocate of the health and developmental benefits of spending time in nature for both children and their parents! She has completed continuing education courses in primitive reflex integration, responsive feeding, sensory integration, and transdisciplinary play-based assessments. Her approach to occupational therapy is fun, family-centered, and functional.