



Physical Therapy

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Carolyn, PT, DPT

Carolyn is a licensed physical therapist who received her doctorate in physical therapy from East Carolina University in 2010. Upon graduation, she worked in an outpatient multidisciplinary pediatric setting treating children birth-21 years old until 2017. Carolyn then went on to provide preschool and early intervention services in at a child development center until 2019. She is excited to now work with children in Wake, Johnston, and Harnett counties.

Carolyn has worked with a variety of diagnoses including, but not limited to, the following:

Arthrogyposis	Genetic Disorders	Sensory Integration
Autism Spectrum Disorders	Hypotonia/Hypertonia	Spinal Cord Injury
Brachial Plexus Injury	Hydrocephalus	Toe Walking
Cerebral Palsy	Neurological Disorders	Torticollis
Cognitive Delays	Orthopedic Issues	Traumatic Brain Injury
Developmental Delays	Osteogenesis Imperfecta	Trisomy Disorders
Down Syndrome	Prematurity	Visual/Hearing Impairments
	Seizures	

Continuing Education/Experience/In-Services:

- Pediatric Assistive Technology: power wheelchairs, standard wheelchairs, walkers, gait trainers, crutches/canes, standers, activity chairs, car seats and adapted bikes
- Serial casting
- Orthotics-Cascade and SureStep orthotics
- Theratogs, SPIO, and Walkaide
- NDT
- Torticollis
- Kinesio Taping Techniques for Children
- Vestibular treatment techniques, especially post-concussion protocols
- Pediatric sports injuries/orthopedics

Carolyn enjoys educating the family and working together to help the child reach their highest potential! She is a patient and caring therapist who believes that each child can thrive when given opportunities to move. She loves to play with a purpose!

www.movewithmept.com

“We are committed to ensure that each child successfully reaches his/her highest level of functional ability.”