



Physical Therapy

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Ivy, PT, DPT

Board-Certified Clinical Specialist in Pediatric Physical Therapy

Ivy is a licensed physical therapist who received her doctorate in physical therapy from Washington University in St. Louis in 2017. Following graduation, Ivy worked in an outpatient pediatric clinic and part time in early intervention before transitioning to full time in the hospital setting. While working in the hospital, Ivy gained expertise in infant care in the PICU and Pediatric Cardiac ICU as well as across all pediatric units.

Ivy continues to work in the hospital setting and recognizes the critical need for Physical Therapy for infants who have had prolonged hospitalizations. In addition to work in the hospital setting, Ivy provides early intervention services for children birth-3 years old in the home, primarily in Wake County. Ivy received her board certification as a clinical specialist in Pediatric PT in 2020 and has been recertified as of July 2023.

Ivy has worked with a variety of diagnoses including, but not limited to, the following:

Arthrogryposis	Hydrocephalus	Spinal Cord Injury
Cerebral Palsy	Neurological Disorders	Toe Walking
Cognitive Delays	Orthopedic Issues	Torticollis
Developmental Delays	Prematurity	Traumatic Brain Injury
Down Syndrome	Seizures	Visual/Hearing
Hypotonia/Hypertonia	Sensory Integration	Impairments

- Infants and toddlers with Congenital Heart Defects, Ventricular Assistive Devices
- Infants and toddlers with Tracheostomy
- Infants with prolonged hospitalizations and complex medical conditions

Education/Experience/In-Services:

- Hammersmith Infant Neurologic Examination Trained

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“We are committed to ensure that each child successfully reaches his/her highest level of functional ability.”