



Physical Therapy

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Karmen, DPT

Karmen received her B.S. in Kinesiology: Pre-Physical Therapy from San Diego State University in 2017, then her Doctorate in Physical Therapy from the Medical University of South Carolina (MUSC) in 2020.

Karmen has worked with a variety of diagnoses including, but not limited to, the following:

ADHD	Developmental Delay	Orthopedic Disorders
Arthrogryposis	Down Syndrome	Toe Walking
Autism Spectrum Disorder	Hemiplegia/Paresis	Torticollis
Cancer Related Disorders	Hydrocephalus	Visual and/or Hearing Impairments
Cerebral Palsy	Hypotonia/Hypertonia	
Cognitive Delays	Neurological Disorders	

Continuing Education/Experience/In-Services:

- Karmen has experience in various practice settings including adult inpatient rehab, home health for geriatric populations, and outpatient pediatrics.
- In addition, she experienced a clinical rotation that utilized hippotherapy within an outpatient pediatric practice.
- During her time at MUSC, she also participated in Camp Hand to Hands utilizing modified constraint-induced movement therapy for children with hemiplegia/paresis.

Karmen has spent significant time working with children since she was 16 in various job settings. After working as a PT in the Boston area until 2024 in a home health setting with geriatric patients, she is incredibly excited to return to pediatrics which has always held her heart. She is particularly excited to offer resources in the coastal areas of North Carolina.

www.movewithmept.com

"We are committed to ensure that each child successfully reaches his/her highest level of functional ability."