



Physical Therapy

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Ashley, PT, DPT

Ashley is a licensed physical therapist who received her Bachelor's in Exercise Science from East Carolina University in 2018 and Doctorate of Physical Therapy from Campbell University in 2021. While in school, Ashley completed clinical internships at an outpatient orthopedic clinic, a Veteran's Medical Center, and in acute care at Atrium Hospital in Charlotte. Upon graduation, she worked for one year in an outpatient orthopedic setting treating adults and children in Vermont. Ashley moved back to North Carolina and started working for an outpatient pediatric clinic treating children birth-21 in 2022. She loves working in pediatrics and has experience treating children in the clinic, home, school, and day-care settings.

Ashley has worked with a variety of diagnoses including, but not limited to, the following:

Amputation	Developmental Delay	Neurological Disorders	Toe Walking
Autistic Disorder	Genetic/Trisomy Disorders	Orthopedic Issues	Torticollis
Brachial Plexus Injury	Disorders	Seizures	Traumatic Brain Injury
Cerebral Palsy	Hydrocephalus	Spina Bifida	Visual/Hearing
Childhood Cancer	Hypotonia/Hypertonia	Spinal Cord Injury	Impairments

Continuing Education/Experience/In-Services:

- Advanced Topics for the Evaluation and Treatment of Torticollis
- LSVT Big Certification
- Pre-Gait Interventions for Children with Cerebral Palsy
- Treatment and Considerations for the Pre-Crawling Infant
- Trends and Challenges in Maternal and Child Health

Ashley educates and assists the family to find the resources needed to allow their child to succeed. She is a patient, caring therapist who believes that each child must be given the opportunity to develop to his or her fullest gross motor potential. Ashley looks at the child as a whole and incorporates all areas of development to promote functional movement and growth in a child.

www.movewithmept.com

"We are committed to ensure that each child successfully reaches his/her highest level of functional ability."